



45 Years of Caring for the Community

Mountain Family
HEALTH CENTERS



“Community health centers play a pivotal, and growing, role in America’s health care system. They are especially important in our effort to reduce health care disparities in underserved communities.”

— Health and Human Services Secretary
Xavier Becerra



Disponible en español en: mountainfamily.org/annual-report

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OUR MISSION

We improve the health of our community by providing affordable and equitable medical, behavioral, and dental healthcare for all.

OUR VISION

To be advocates of health and healing by providing quality integrated healthcare to the whole community.

MESSAGE FROM OUR CEO AND BOARD CHAIR

At Mountain Family Health Centers, our unwavering commitment to our community is at the heart of everything we do. With a team of over 175 dedicated providers and staff, we strive to provide equitable, patient-centered healthcare at our ten integrated health centers across Garfield, Eagle, and Pitkin Counties. Our high-quality, integrated medical, dental, behavioral health, and pharmacy services are available to all, regardless of race/ethnicity, gender identity, sexual orientation, income, insurance status, or ability to pay.

The 2023-2024 fiscal year saw shifting dynamics in healthcare. In May 2023, Medicaid patients were required to re-enroll for services to continue, resulting in thousands of Coloradans, including nearly 2,000 Mountain Family Health Centers patients, losing access to health insurance. This has resulted in tremendous disruption to our patients' lives and created a critical risk to the financial sustainability of Mountain Family Health Centers' model, as 45 percent of Mountain Family Health Centers' patients are now uninsured.

Despite the high uninsured rate, we are optimistic for the health of the communities we serve. State data indicates the positive impact of Community Health Centers like Mountain Family Health Centers on the health of patients. Our model is focused on prevention, and thereby allows patients to better manage chronic conditions, access multiple service lines in one visit, and avoid costly emergency department visits. To ensure access and sustainability our behavioral health and medical services are now integrated within the primary care setting, allowing patients to connect with multiple providers and approach their health from a whole person perspective.

In September 2023, we proudly celebrated 45 years of providing primary care to the mountain region. We are deeply grateful to our funding partners, donors, and community partners for their steadfast support. Their dedication enables us to prioritize our patients and remain responsive to the evolving needs of our mountain communities. It is with great honor that we share this publication, highlighting our past year and our commitment to serving our patients for many more years.



Dustin Moyer
CEO, Patient and Donor



Sydney Schalit
Board Chair, Patient and Donor

Our Dedicated Staff are Essential to Meeting our Mission

"I am excited that Mountain Family Health Centers is offering an integrated approach to health and well-being. Our team now has the opportunity to address patients from a whole person approach—physical, dental, behavioral, and their access to basic life needs. It's smart, thoughtful, equitable, and how care should be."

— Katie Forman, LCSW



Mountain Family Health Centers exemplifies our dedication to our vision by providing patients with medical, dental, and behavioral health care services. This integrated approach enhances patient convenience and ensures holistic treatment that addresses physical and mental health needs. Treating the whole body has numerous advantages for overall health and well-being when behavioral health treatment is woven into patient care.

A provider who stands out in her dedication to the integrated care behavioral health delivery model is Behavioral Health Manager Katie Forman, LCSW. Katie works at our Glenwood Springs clinic, where she demonstrates behavioral health integration into primary medical care. Her dedication to this model of care and tireless work toward our vision is why she's Mountain Family Health Centers' Exemplary Care Provider of the Year. Katie offers extensive experience and resources to her patients across ages, genders, ethnicities, and cultures. Her calm demeanor and caring nature allow her to provide empathy and treat the overall well-being of her patients. Together, we congratulate Katie Forman for her dedication, compassion, and leadership!

A Behavioral Health Patient Finds Hope

When Jess, a young woman in her early twenties, walked into Mountain Family Health Centers, she felt anxious and overwhelmed. Having just returned to the Valley, recently clean and sober, she was uninsured, living on a friend's couch, feeling defeated by her lack of local support and resources. Not knowing where to turn, she was referred to Mountain Family Health Centers.

Jess met with a Mountain Family Health Centers medical provider who quickly restarted her depression and anxiety medication and involved a behavioral health provider. Our behavioral health provider addressed Jess's questions about sobriety, depression, and other stressors. They explored her history, practiced grounding techniques, and role-played how she would reach out to establish her next steps in her care.

With a workable plan established, Jess, teary-eyed, expressed how it felt to seek help and articulate her needs, "This is the first time in my life I've felt proud of myself." Grateful for the compassionate care and newfound resources, Jess left the clinic feeling hopeful and empowered.

BOARD MEMBERS

Sydney Schalit
Chair
Executive Director MANAUS

Dr. Elaine Huber
Vice Chair
Retired OB/GYN Physician

Trish Kramer
Treasurer
Retired Nurse/Healthcare Administrator

Hannah Berman
Secretary
Sustainability and Sr. Philanthropy Manager
Aspen One

Dr. Elena Broaddus
Senior Instructor
University of Colorado
Anschutz Medical Campus
Associate Director
PEACHnet Practice Based
Research Network

Dr. Paul Corcoran
Dentist
Self-employed

Chris Lindley
Chief Population
Health Officer
Vail Health
Executive Director
Eagle Valley Behavioral Health

Monica Perez-Rhodes
Controller
Colorado Rocky
Mountain School

Kendall Reiley
Assistant Principal
Roaring Fork School
District and
Crystal River Elementary
School

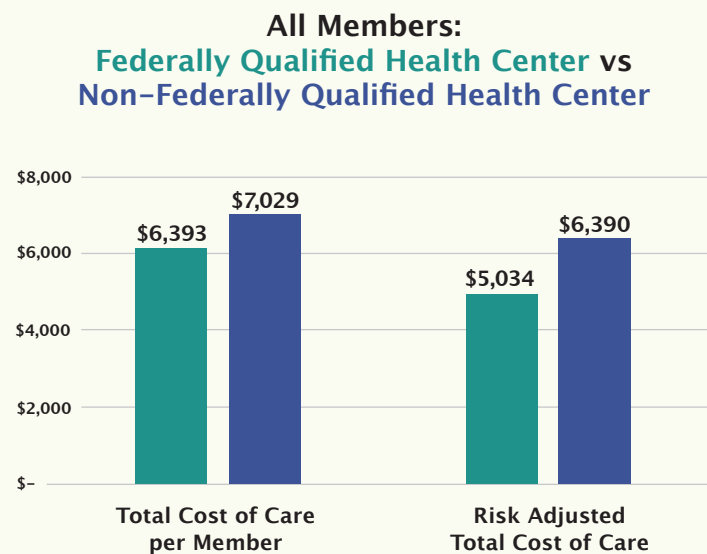
Melina Valsecia
Executive Director
Eagle Valley Community
Foundation

Board Members with a Completed Term in 2024
Maria Lucy Moncada Arcila
Missael Urtiaga Gutierrez
Dustin Moyer

Mountain Family Health Centers Provides Affordable Healthcare



According to a report by the Colorado Community Health Network, utilizing Colorado Medicaid claims data, our integrated care approach saves money. This analysis compared the total cost of care for Medicaid clients (that is the total amount of money spent on services for one Medicaid patient over the course of one year) at different health centers and found that community health centers (CHCs) are more economical. By offering primary care that prevents more serious health issues, CHCs help avoid costly specialist visits or hospital stays. Our focus is on prevention. Early screening for cancers like cervical, breast, prostate, and colorectal, improves patient outcomes and helps reduce overall healthcare costs.

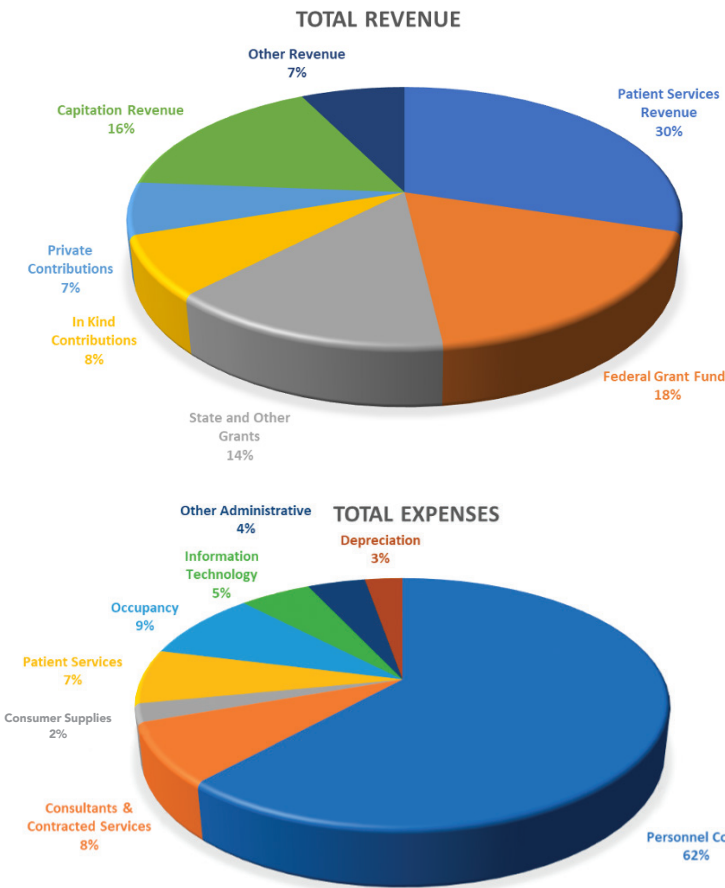
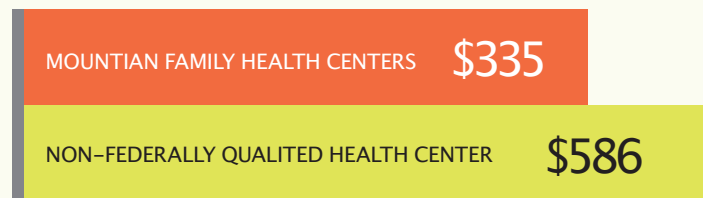


The study shows that Medicaid patients at CHCs cost the State about \$6,393 per year, while those receiving care from traditional primary care providers or non-FQHCs cost around \$7,029 annually. This means CHCs save the state \$636 per patient per year.

Another way to look at it is the total cost of care per member per month. Mountain Family Health Centers cost is \$4,021/12 months or \$335 per month for the entire cost for a patient's care and the cost at other Non-Federally Qualified Health Center is \$7,029/12 months or \$586 per month.



Mountain Family Health Centers is Efficient
MONTHLY COST PER MEMBER PER MONTH



Our financials reflect the dynamics in healthcare. We have spent several months adjusting our care delivery and staffing while seeking new funding from philanthropy for greater sustainability. We appreciate every dollar received as it enables us to care for all who walk through our doors.

REVENUE and OTHER SUPPORT WITHOUT DONOR RESTRICTIONS

June 1, 2023 – May 31, 2024

Patient Services Revenue	\$7,509,520
Federal Grant Funds	\$4,596,388
State and Other Grants	\$3,541,824
In Kind Contributions	\$1,883,387
Private Contributions	\$1,647,389
Capitation Revenue	\$4,130,620
Other Revenue	\$1,834,314

Total REVENUE and OTHER SUPPORT WITHOUT DONOR RESTRICTIONS **\$25,143,442**

EXPENSE

Personnel Costs	\$16,102,509
Consultants & Contracted Services	\$2,032,682
Consumable Supplies	\$620,191
Patient Services	\$1,828,850
Occupancy	\$2,320,576
Information Technology	\$1,357,459
Other Administrative	\$1,098,542
Depreciation	\$714,389

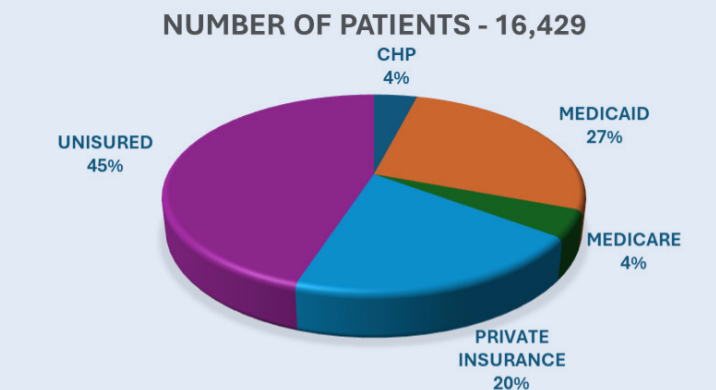
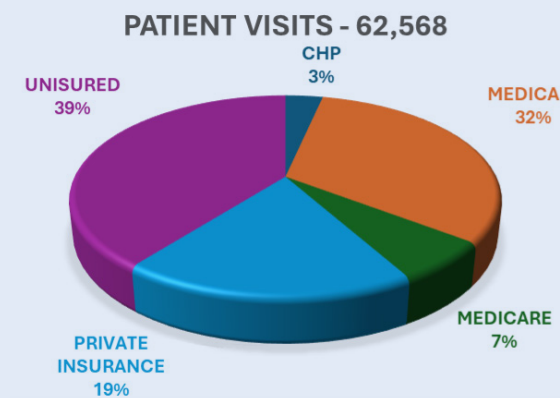
Total EXPENSE **\$26,075,197**

NET INCOME **(\$931,755)**

NET INCOME % **(-3.7%)**

PATIENT DASHBOARD

June 1, 2023 – May 31, 2024



HEALTH FOR ALL FUND

We believe everyone should have access to high-quality integrated primary, behavioral, and dental care regardless of their insurance coverage or ability to pay.

The Health For All Fund has provided care for 4,136 patients in our community since its inception in 2021.

Since the end of the COVID-19 Public Health Emergency in May 2023, the proportion of patients served by Mountain Family Health Centers who are uninsured has increased faster than anticipated, from 39% to 45%. Mountain Family Health Centers provides care for these patients who might have forgone treatment for management of treatable conditions such as diabetes, cardiovascular disease, and cancer.

Now is the ideal time to include Mountain Family Health Centers in your charitable giving.



\$1,385,264
raised from
FY21 – FY23



4,136
uninsured
patients served



Our uninsured
patients have risen
from 39% to 45%

27% of our patients are enrolled in Medicaid and 45% do not have health insurance or the means to pay for their care. Many working families caught without health coverage rely on Mountain Family Health Centers for their healthcare.

YOUR GIFT MAY BE ELIGIBLE FOR THE ENTERPRISE ZONE TAX CREDIT

To encourage economic growth, the State of Colorado has designated Mountain Family Health Centers in Garfield County as an Enterprise Zone Contribution Project. Colorado residents who make a qualifying Enterprise Zone gift of \$50 or more to Mountain Family Health Centers' Garfield County operations are eligible for a tax credit of up to 25%. The maximum tax benefit is \$100,000. Please indicate "Enterprise Zone" on your donation and contact Emily McGavin at emcgavin@mountainfamily.org or (970) 928-1625 when making your gift to be eligible for this credit.

YOUR GIFT CAN MAKE A DIFFERENCE.

Give today to ensure your friends and neighbors have access to equitable and affordable healthcare, regardless of their insurance status or ability to pay.

Donations can be made via mail, online at mountainfamily.org/donate.

Checks can be made out to **Mountain Family Health Centers** and mailed to:

Development Office
Mountain Family Health Centers
PO Box 339
Glenwood Springs, CO
81602-9900

To donate online now, please scan this QR Code with your smart phone.



Please contact our Director of Development, Emily McGavin at emcgavin@mountainfamily.org or (970) 928-1625 for questions about your donation. We accept donations from donor-advised funds, IRAs, and stock gifts.

Thank you to our donors for helping Us Care for the Community

We would like to recognize our generous donors and community partners who gave from June 1, 2023 – May 31, 2024.



\$3,000,000+

Health Services and Resources Administration (HRSA)

\$500,000 – \$2,999,999

Colorado Department of Healthcare Policy and Financing (HCPF)

Colorado Department of Public Health and Environment

The Colorado Health Foundation
Vaccines for Children

\$100,000 – \$499,999

Aspen Valley Hospital
Paul and Jean Corcoran
Colorado Department of Early Childhood
Connect for Health Colorado
Eagle County
Garfield County
Pitkin County
Roaring Fork School District
Rocky Mountain Health Plans
Vail Health
Valley View Hospital

\$25,000 – \$99,999

Colorado Office of Economic Development and International Trade
Community Health Provider Alliance
Eagle County School District
Adam and Melony Lewis*
Rocky Mountain Health Foundation

\$10,000 – \$24,999

Anonymous
Aspen Thrift Shop
Alpine Bank
Ross Brooks
Colorado Mesa University
CU School of Medicine
Direct Relief
Cornelia Long
Alpenglow Foundation
Frank and Tamara Woods

\$5,000 – \$ 9,999

Colorado Community Health Network
Doug Schwartz^
Mascotte Family Fund*

\$1,000 – \$4,999

Gabriel Brecht
Sandy and Cliff Deveny
Drinker Durrance Graphics
Eppler Family
Peter and Carole Feistmann
First Bank

Clark and Pamela Heckert
Mike and Laura Kaplan*
Michael Kendrick
Ted Lee and Marc Sekula
Edwards Rotary
Blanca and Cavanaugh O'Leary
Kent and Martha Petrie
Reiley Family
University of Wisconsin
R. Glenn Vawter
Holy Cross Energy Round Up Foundation

\$1 – \$999

Anonymous
Larry and Sandi Agneberg
Elizabeth Bailey
Nancy Bailey
Michael Bailey
Roger and Margo Behler
Hannah Berman
Elena Broaddus
George and Linda Brodin Family
Steve and Molly Child
Elbert Chilson
Colorado Gives Foundation
Laurie Crown and Rick Ortega
Carol Dickson
Kelly Dunkin
Stan and Kathy Eaton
George Eldred and Laura Theilen
Adriene Fedde
Mary Beth Ferguson
Wendy Flottmeyer
Andrew Franklin and Audrey Fishman
Annette Franta
Shaun Gabbard
Cristina Gair
Mark Gillis
Katharine Gilman Bulkley
Joan Gotthelf
Carolyn Hardin
Jami Hayes
Anneliese Heckert
Maria Teresa Hernandez Galvez
Katherine Hoey
Dr. Elaine Huber
Michael Husaluk
Christopher Janusz
Jan Jennings and Michael Mount
Greg Jeung
Sandra Johnson
Debbie Kelly
Caitlin Kennett
Trish and Scott Kramer
Marc Lassaux
Larry and Jan Laughlin

Steve Leazer
Mitchell Levy
Chris Lindley
Charles and Virginia Loomis
Emily McGavin
Heather McGregor and Steven Smith
Siouxanne Rae Mease
Karen Miller
Martha Corchran and Steve Mills
Amy and Dustin Moyer
Nancy Moyer
Joe Mulder
Barney and Dorothy Mulligan
Mary Jo Murphy
Marjory Musgrave
Elaine Nagey
Network for Good
Caroline Norquist
Diane and David Nudell
Norma Jean Olsen
Steven Pastore
Nancy Peller
Matt Percy
Chris Percy
Monica Perez-Rhodes
Dana and Jeff Peterson
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Arabella Advisors
John Rehl
Kendall Reiley
Rachel Richards
Joe Rubio
Randy and Caroline Rush
Sydney Schalit
Gary Schreiner
Mr. Donald Schuster
Susan Sherwin
Kara Silbernagel
Brandon Smith
Judy Tant
Amy Throm
Juan Torres
Karen Torres
Lynn Urban
Missael Urutiaga Guterrez
Melina Valsecia-Monreal
Walgreens
Howard and Betty Wallach
Marija Weeden
Joe White
Ian Wood
Eileen Wysocki
Aimee Yllanes
Christine Yoest
Stephanie Zaza

KEY ^ = Deceased
* = Aspen Community Foundation Donor Advised Fund



Deb Burns, Dr. Kent Petrie, Carol Conger, and Diane Purse at Dr. Kent Petrie's Dedication in November 2023.



"I believe healthcare is a human right, which is one of the reasons I became a medical practitioner and work for Mountain Family Health Centers' school-based clinics."

— McKenzie Rieder, Pediatric Nurse Practitioner



Mountain Family
HEALTH CENTERS

For more information with our services and locations please scan this QR Code or visit mountainfamily.org

