



We Believe

IN ENSURING HEALTH FOR ALL



2022-23
ANNUAL
REPORT

Mountain Family Health Centers is pleased to share this report on how we ensure health for all.

Para leer este informe en Español, visite aquí www.mountainfamily.org.

- 2 Welcome from CEO and Board Chair
- 3 Medical Services
- 4 Dental, Behavioral, and Pharmacy Services
- 5 Expansion—Avon, Gypsum
- 6-7 Financials
- 8 Patient Dashboard
- 9 Health For All Fund
- 9 Board of Directors
- 10-11 Thank You to Our Donors
- 12 Locations

OUR MISSION

We improve the health of our community by providing affordable and equitable medical, behavioral, and dental healthcare for all.

OUR GUIDING PRINCIPLES

Welcome from our CEO and Board Chair



At Mountain Family Health Centers, we believe in ensuring health for all. We do this by providing equitable and affordable medical, behavioral, and dental healthcare for more than 24,000 people in Western Colorado. Mountain Family's ten integrated health centers, located across Garfield, Eagle, and Pitkin Counties, and more than 200 dedicated providers and staff offer culturally responsive and equitable healthcare to all, regardless of race/ethnicity, gender identity, sexual orientation, income, or insurance status.

Unfortunately, too many people in our community remain uninsured today, including 39% of Mountain Family patients. To help patients obtain affordable health insurance, Mountain Family employs a bilingual Outreach and Enrollment team that assists patients with enrollment in Medicaid, Child Health Plan Plus, private insurance, or Mountain Family's Sliding Fee Scale Discount Program.

Thanks to our funding partners, donors and community, we can offer innovative and responsive primary, behavioral, dental, and pharmacy care. It is an honor and privilege to share with you this annual report which showcases our growth, our depth, and our unwavering commitment to ensuring healthcare for all.

We are also pleased to share our excitement about our newest community health centers located in the towns of Avon and Gypsum, where we will ensure health for thousands more Eagle County residents in the coming years.

Since 1978 Mountain Family has been honored to provide primary care in our mountain region. We look forward to continuing to care for our community in the coming years, grounded in our vision of ensuring health for all.

Ross Brooks, CEO and Patient

Sydney Schalit, Board Chair

OUR PATIENTS We care, serve, and advocate for our patients.





Medical Services

“In addition to the full range of evidence-based, patient-centered, preventative, acute, and chronic care provided by our Medical Teams, we are excited by our recent growth in these services to children and families.”

— Dr. Matt Percy, Chief Medical Officer

PREGNANCY CARE

Timely prenatal, delivery, and postpartum care are essential for the health of women and their babies. Perinatal care is available at all our health centers, with full obstetrical care and deliveries provided via our Avon and Gypsum clinics. The care teams at these two health centers care for over 33% of Eagle County’s pregnant women and their children, as well as over 45% of high-risk prenatal patients.

PEDIATRICS

Mountain Family has expanded our Pediatric Program to increase access to affordable, culturally and linguistically responsive pediatric services for children, youth and their families. This includes acute and chronic healthcare, well-child visits and immunizations, and developmental screenings to name a few. All children ages birth to five are screened and those who may have developmental delays are then referred to our community partners who provide developmental support services.

SCHOOL-BASED HEALTH CENTERS

Students attending school at Eagle County and Roaring Fork Schools can access affordable, integrated primary care at one of our five school based health centers. Assistance in enrolling in insurance or financial assistance programs and connecting with resources to address social needs such as food insecurity are also provided. Students and their families who require more complex care can also access our integrated health center hubs.



Dental

We are excited to welcome our new dental director, Dr. Aaron McCormick to the Dental Team. Dr. McCormick has been instrumental in expanding the Dental Team and services at Mountain Family's health centers.

“We are thrilled to provide dental care alongside medical and behavioral healthcare. Every day, we have the privilege of collaborating with our fellow providers to treat the whole body and create access to affordable, comprehensive care that ensures patients’ overall health.”

– Dr. Audrey Fischer, Associate Dental Director

Behavioral

The Behavioral Health Program at Mountain Family continues to grow to better meet the significant need in our region. Our Behavioral Health Team now includes 14 providers, including psychiatric nurse practitioners, mental health and substance use disorder providers, and behavioral health advocates. Many are bilingual in Spanish.

This past year, we implemented substance use disorder groups in collaboration with Probation in Rifle and implemented Zero Suicide initiatives throughout the organization. Several providers were trained in trauma and EMDR (Eye Movement Desensitization and Reprocessing) therapies to increase therapeutic methods available to patients.

Pharmacy Services

Mountain Family's Pharmacy Program has grown, with medication services now provided at our three health center hubs. In FY 2022-23, we served more than 800 patients and dispensed more than 3,000 prescriptions at these clinics.

We utilize the federal 340B Drug Pricing Program to provide discounted medications. Additionally, the Pharmacy Team connects patients with medication assistance programs, completing prior authorizations, and communicating with retail pharmacies to improve patient access and care. We look forward to expanding clinical pharmacy services in the future to further provide integrated, quality care for our patients.



OUR GUIDING PRINCIPLES

EVERYONE'S VOICE We question and consider a broad spectrum of views and methods of thought.

Appointments are available now at our new state-of-the-art integrated health centers in Avon and Gypsum. You'll find ample space for your medical, behavioral, dental, and pharmacy care; procedures; lab and ultrasound; child-friendly amenities; and more.



Avon Procedure Room



Gypsum Dental Suite

“We are thrilled to have opened two new integrated health centers in Avon and Gypsum. The full range of services provided at these locations will enable thousands of more Eagle County residents to have access to needed healthcare.”

— Dr. Anneliese Heckert, Chief Medical Officer

Expansion

Ensuring Health for All in Eagle County.

AVON

In January 2023, Mountain Family relocated and expanded our Edwards health center. The new Avon Integrated Health Center is better suited for the provision of the full range of integrated primary care, with ample space for medical, behavioral, preventative and treatment dental, and pharmacy services.

“We are grateful for the strong support from Vail Health, Eagle County, The Colorado Health Foundation, and many additional partners for our new Avon Integrated Health Center. We are incredibly excited for this facility, as it is easily accessible and conveniently located near an ECO Transit bus stop, enabling us to serve 4,000 patients in Eagle County.”

—Ross Brooks, Chief Executive Officer

GYPSUM

In August 2023, we opened the Gypsum Integrated Health Center, which also provides the full range of integrated primary care and is located near an ECO Transit bus stop. Here, providers can care for 3,500 patients annually. Mountain Family is pleased to be able to ensure health for all by increasing access for our neighbors who live and work in Eagle County at these two new health centers.

“Health care is a right, not a privilege and Mountain Family has worked hard to make this a reality. That’s why we included their new Gypsum Integrated Health Center in the Congressionally Designated Funds we secured for Colorado.”

—Senator John Hickenlooper

Financials

The generous donations from our federal, state, and local partners, along with those from our individual donors, allowed us to ensure health for all in our 2023 fiscal year.

We are grateful for their support, which covers care for patients who lack insurance and will keep Mountain Family sustainable now and into the future.

BUDGET FOR REVENUES AND EXPENSES

Patient Service Revenue	\$ 6,806,139
Federal Grant Funds	\$ 6,091,348
State and Other Grants	\$ 2,857,313
In-Kind Contributions	\$ 1,563,376
Private Contributions	\$ 1,156,188
Capitation Revenue	\$ 4,058,999
Other Revenue	\$ 1,416,311
TOTAL REVENUE	\$ 23,949,675

EXPENSES

Personnel Costs	\$ 15,285,712
Consultants & Contracted Services	\$ 1,454,994
Consumable Supplies	\$ 474,590
Patient Services	\$ 1,250,258
Occupancy	\$ 2,085,592
Information Technology	\$ 1,409,528
Other Administrative	\$ 970,181
Depreciation	\$ 579,341
TOTAL EXPENSES	\$ 23,510,196

NET INCOME	\$ 439,479
NET INCOME %	1.8%

CONSOLIDATED BALANCE SHEET

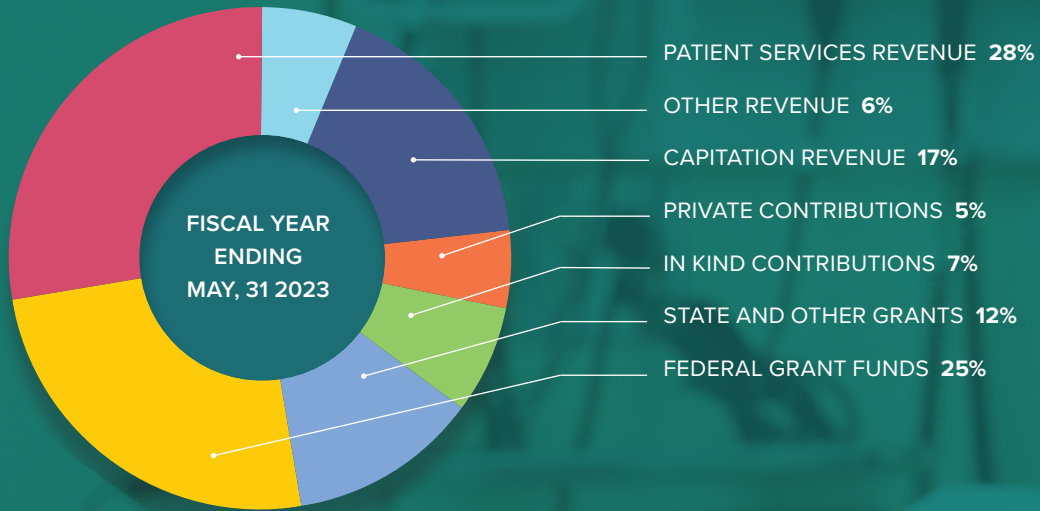
Total Assets	\$ 19,145,759
Total Liabilities	\$ 5,752,622
Net Assets	\$ 13,403,137
Total Liabilities and Net Assets	\$ 19,145,759



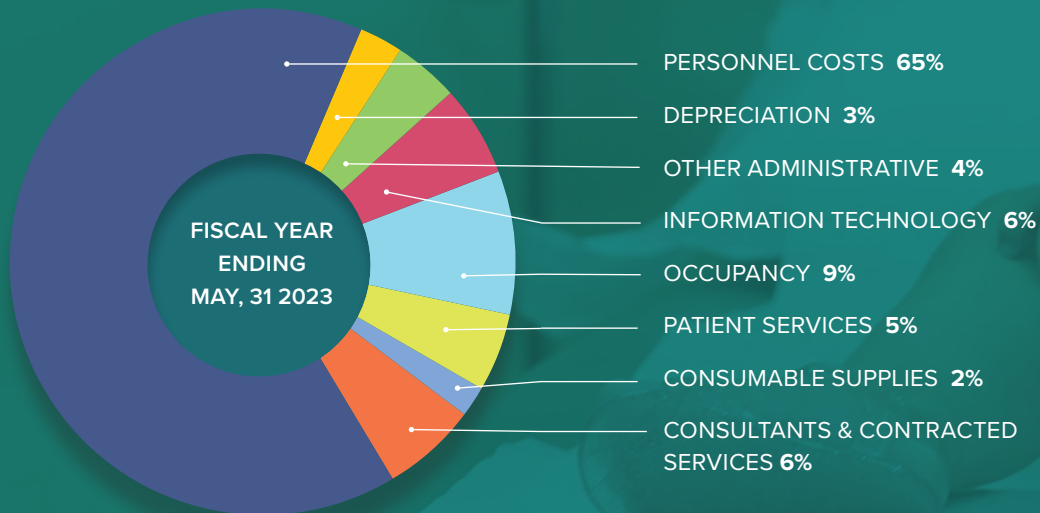
OUR GUIDING PRINCIPLES

TRANSPARENCY We clearly communicate the why and how of decisions being made.

Total Revenue

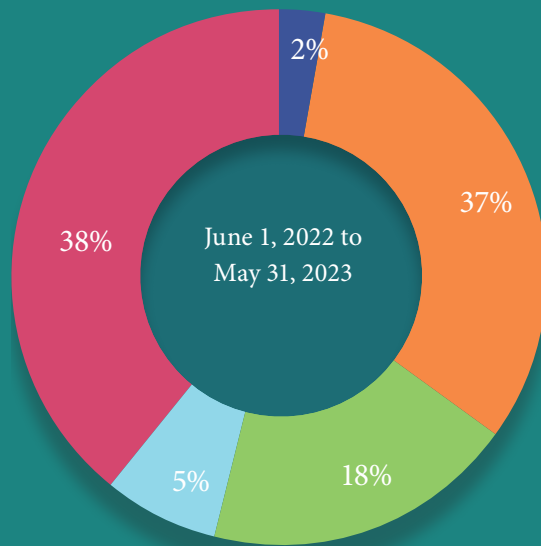


Total Expenses



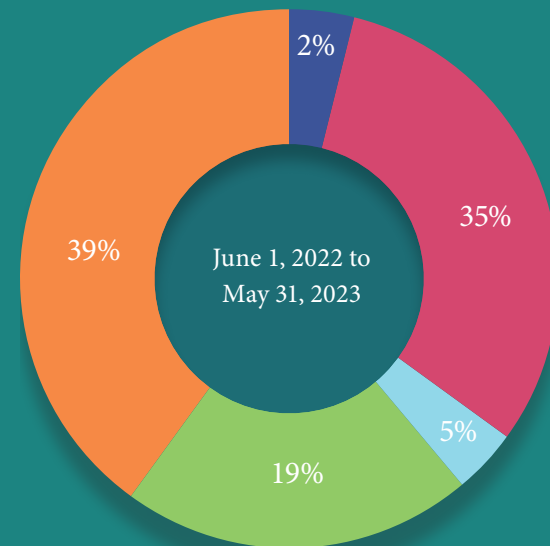
Patient Dashboard

Mountain Family provides integrated primary medical, behavioral, dental, and pharmacy care to all who seek it, regardless of their insurance status or ability to pay.



Patient Visits – 60,673

- CHP
- MEDICAID
- MEDICARE
- PRIVATE INSURANCE
- UNINSURED



Number of Patients – 16,204

- CHP
- MEDICAID
- MEDICARE
- PRIVATE INSURANCE
- UNINSURED



OUR GUIDING PRINCIPLES

FLEXIBILITY AND AUTONOMY We foster freedom and provide frameworks for people to make informed choices.

Health For All Fund

The Health For All Fund provides essential unrestricted support so all residents of our region can access the healthcare they deserve. Launched in 2021, our Health For All Fund closed its third year with generous contributions of \$222,623. We offer our heartfelt thanks to the three families who stepped forward to create a \$75,000 matching gift that inspired others to give and helped us reach our goal.

Mountain Family is so grateful for the support of all our donors. Thank you!

However, our work is not done. Sustainable funding continues to be an issue as 30% of our patients are enrolled in Medicaid and 39% do not have health insurance or the means to pay for their care. In addition, we anticipate more people becoming uninsured as they lose their Medicaid eligibility due to the Medicaid reauthorization required with the close of the COVID Public Health Emergency in May 2023.

YOUR GIFT TODAY CAN MAKE ALL THE DIFFERENCE

Give today to ensure your friends and neighbors have access to equitable and affordable healthcare, regardless of their insurance status or ability to pay. You never know when you or a loved one may need us.

Donations can be made via mail, online at mountainfamily.org/donate, or by contacting:

Emily McGavin

Director of Development,
(970) 928-1625
emcgavin@mountainfamily.org

Checks can be made out to Mountain Family Health Centers and mailed to:

Development Office
Mountain Family Health Centers
PO Box 339
Glenwood Springs, CO 81602-9900

Donate Online



Please reach out to **Emily McGavin** for questions about your donation, the Enterprise Zone tax credit, and other ways to support Mountain Family Health Centers.

Board of Directors

Sydney Schalit - Chair

Executive Director, MANAUS

Dr. Elaine Huber - Vice Chair

Retired OB/GYN

Dustin Moyer - Secretary

Director of State Initiatives, Center for Improving Value in Health Care (CIVHC)

Trish Kramer - Treasurer

Retired Nurse/Healthcare Administrator

Maria Lucy Moncada Arcila

Community Inclusion and Engagement Coordinator, Alpine Bank

Elena Broaddus

Senior Instructor, University of Colorado Anschutz Medical Campus Associate Director, PEACHnet Practice Based Research Network

Chris Lindley

Chief Population Health Officer- Vail Health Executive Director, Eagle Valley Behavioral Health

Monica Perez-Rhodes

Controller, Colorado Rocky Mountain School

Missael Urriaga-Gutierrez

Family Liaison, Family Resource Center of Roaring Fork Schools

Melina Valsecia

Executive Director, Eagle Valley Community Foundation

Board Members with a Completed Term in 2023:

Paz Escobar Kostroba
Betty Lucas
Mike Nugent
Maria Tarajano Rodman

GIFTS MAY BE ELIGIBLE FOR THE ENTERPRISE ZONE TAX CREDIT

To encourage economic growth, the State of Colorado has designated Mountain Family's health centers in Garfield County as an Enterprise Zone Contribution Project. Colorado residents who make a qualifying Enterprise Zone gift of \$50 or more to Mountain Family's Garfield County operations are eligible for a tax credit of up to 25%. The maximum tax benefit is \$100,000. Please indicate "Garfield County Enterprise Zone" when making your gift to be eligible for this credit.

Thank You to our Donors for Ensuring Health for All

\$3,000,000+

Health Services and
Resources Administration

\$500,000 -

\$2,999,999

Colorado Department
of Public Health and
Environment

Rocky Mountain Health Plans
The Colorado Health
Foundation

\$100,000-\$499,999

Aspen Valley Hospital
Connect for Health Colorado
Delta Dental of Colorado
Foundation
Eagle County
Garfield County
Pitkin County
Roaring Fork Schools
Vaccines for Children
Vail Health
Valley View Hospital

\$50,000-\$99,999

Rocky Mountain Health
Foundation

\$25,000-\$49,999

Alpenglow Foundation
Aspen Community
Foundation
Caring for Colorado

Colorado University School
of Medicine
Garfield County
Richard and Debbie Jelinek
Advised Fund*

Adam and Melony Lewis
Advised Fund*

Rob Pew and Susan Taylor

\$10,000-\$24,999

Anonymous
Alpine Bank
Aspen Skiing Company
Family Fund*

Ross and Lindsay Brooks

Colorado Mesa University
Steve and Amy Coyer
Sandy and Cliff Deveny
Roaring Fork Schools
Frank and Tamara Woods

\$5,000-\$9,999

Direct Relief
Eppler Family
FirstBank
Cornelia Long

\$2,500-\$4,999

Terri and Tony Caine
Mike and Laura Kaplan*
**Rob Stein and
Mariah Dickson**
RA Nelson, LLC
**Blanca and
Cavanaugh O'Leary**

Kent and Martha Petrie
Monica Perez-Rhodes
Valley of the Sun United Way
Cheryl Wylly

\$1,000-\$2,499

Blackbaud Giving
Gabriel Brecht
Colorado Community Health
Network
Matthew Cyphers
Renelle Darr
**Jon, Julie, and
Oliver Fox Rubin**

Carolyn and Dan Hardin
Anneliese Heckert
Clark and Pamela Heckert
Roberta Hodge
Trish and Scott Kramer
**Jan Jennings and
Michael Mount**

Gail Mizner
National Council for Mental
Wellbeing
Reach Out and Read
Suicide Prevention Coalition
of Colorado
Judy Tant

\$500-\$999

Anonymous (2)
Larry and Sandi Agneberg
Iris Anda
Roger and Margo Behler
Castaways Foundation

Camille Cook
Andrew and Audrey Franklin
Annette Franta
Stephen Glass
Lang-Burns Family
Steve Leazer
Siouxanne Mease
Ray and Nancy Nunn
Fonda Paterson
Matt and Becca Percy
Dana Peterson
Andrija Prodanovic
**Pueblo Community Health
Center**

Riley Family Advised Fund*
Randy Rush
Sydney Schalit
Bruce Strasinger
Lynn Urban

\$250-\$499

Blackbaud Giving
Emily Borkovec
Steve and Molly Child
Community First Foundation
Wendy Flottmeyer
Mark and Kit Fordham
Shaun Gabbard
Mark Gillis
Sandra Johnson
Tom Kowal
Marjory Musgrave
Victor and Kseniya Mamlin
Donald Moore
Network for Good

Michael Nugent
Scott Owens
John Rehl
Don and Maren Schuster
Doug Schwartz
Marija Weeden

\$100-\$249

Anonymous
Amazon Smiles
Elizabeth Bailey and
Michael Schuster
Bryn Brendamour
George and Linda Brodin
Family
Katharine Bulkley
Charities Aid Foundation
Susan Christman
Barbra and Patrick Corcoran
J.K. Costello
Peter and Mary Delany
Stan Eaton
George Eldred and
Laura Theilen
Paz Escobar Kostroba
Paul and Barbara Freeman
Jami Hayes
Katherine Hoey
Elaine Huber
Michael Husaluk
Christopher Janusz
Peter Johnson
Laura Kelly
Susan Lewis
Jonathan and Lisa Lowsky

Heather McGregor
Bernard Mulligan
Mary Jo Murphy
Elaine Nagey
Caroline Norquist
Andrew Reed
Richard E. Rodman
J.D. Rubio
Brandon Smith
Eileen Wysocki
Christine Yoest
Rebecca Zimmermann

\$1-\$99

Anonymous (4)
RaNae Anderson
Michael Bailey
Nancy Bailey
William Barnes
Lara Beaulieu
Mary Cloud
Jose Colon Sanchez
Joseph Costello
Maria De Lourdes Avila
Carol Dickson
Cristina Gair
Jane Gross
Greg and Shawn Jeung
Penny Keif
Debbie Kelly
Shiela Kendall
Caitlin Kennett
Philip Krichbaum
Jan Laughlin
Betty Lucas

Gaston Metzger
Karen Miller
Richard Peller
Chris Percy
Kendall Reiley
Gary Schreiner
Debra Schweizer
Mary Woertz
Tsu Wolin-Brown

**Bold = Health For All
Fund Founding Members**

* = Aspen Community
Foundation Donor
Advised Fund





Click for more information
about our locations.

INTEGRATED HEALTH CENTERS

AVON INTEGRATED HEALTH CENTER
230 Chapel Square, Unit D-102, Avon, CO 81620

BASALT INTEGRATED HEALTH CENTER
123 Emma Road, Basalt, CO 81621

GLENWOOD SPRINGS INTEGRATED HEALTH CENTER
1905 Blake Avenue, Suite 101, Glenwood Springs, CO 81601

RIFLE INTEGRATED HEALTH CENTER
195 W. 14th Street, Bldg. C, Rifle, CO 81650

GYPSUM INTEGRATED HEALTH CENTER
410 McGregor Drive, Gypsum, CO 81637

SCHOOL-BASED HEALTH CENTERS

AVON ELEMENTARY SCHOOL
850 West Beaver Creek Boulevard, Avon, CO 81620

BASALT MIDDLE SCHOOL
51 School Street, Room E 114, Basalt, CO 81621

BASALT HIGH SCHOOL
600 Southside Dr., Room 156, Basalt, CO 81621

GLENWOOD SPRINGS HIGH SCHOOL
1521 Grand Ave., Room 1008, Glenwood Springs, CO 81601

ROARING FORK HIGH SCHOOL
2270 Highway 133, Room 14, Carbondale, CO 81623



Mountain Family
HEALTH CENTERS

BUSINESS OFFICE

2802 Grand Avenue
Glenwood Springs CO 81601
Phone: 970-945-2840
Email: contact@mountainfamily.org
Web: mountainfamily.org