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CHANGES TO PUBLIC CHARGE RULE
How Will Residents Be Affected?

By Danyelle Rigli, Advocacy Coordinator

Mountain Family Health Centers cares deeply about the health of all families and communities, and we are committed to advocating for everyone's right to access quality health care services. Public charge is a term used to describe the use of public benefits like Medicaid (Health First Colorado), housing, and food assistance by people who are immigrating to the United States. Recently the rules regarding these benefits have changed.



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CAMBIOS EN LA REGLA DE DE CARGO PUBLICO
¿Qué significa esto para los residentes?

Por Danyelle Rigli, Coordinadora de Abogacía de los Centros Comunitarios

Los Centros Comunitarios Mountain Family se preocupan profundamente por la salud de todas las familias y comunidades, y estamos comprometidos a abogar por el derecho de todos de tener acceso a servicios de atención médica de calidad. El cargo público es un término utilizado para describir el uso de beneficios públicos como Medicaid (Health First Colorado), vivienda y asistencia alimentaria por personas que están en el proceso de inmigración a los Estados Unidos. Recientemente las reglas con respecto a estos beneficios han cambiado.

[Más](#)



UPCOMING FREE HEALTH CARE OPPORTUNITIES HIV Testing, Dental Clinic

Free and confidential HIV testing will be available next Monday, Sept. 9 at our Edwards Integrated Health Center. Testing will be offered 9-5pm. This event is in partnership with the Eagle County [Red Ribbon Project](#), which describes the tests as "rapid, with results in 20 minutes via finger prick." Walk-ins welcome. Please contact the Red Ribbon Project for more information.



A free dental clinic is scheduled for Friday Oct. 4 & Saturday Oct. 5 at Glenwood Springs High School. Adults and children are welcome at the 2019 Western Slope Colorado Mission of Mercy (COMOM). Services offered will be health and dental evaluation, cleanings, fillings, root canals and extractions. COMOM dentist and dental lab techs will prepare ceramic crowns, dentures and flippers on a limited basis. The clinic opens at 6am on Friday and Saturday and organizers expect approximately 800 patients each day. Glenwood Springs High School is located at 1521 Grand Ave. More information can be found [here](#), [here](#) (Español), [here](#) or by calling 720-648-0919.

HUMAN PAPILLOMAVIRUS VACCINE

Why the Delay?

By Dr. Chris Tonozzi, MD, Director of Data Quality

The human papillomavirus infection was recognized many decades ago as the cause of cervical and other cancers. It was an important breakthrough in 2009 to have a vaccine developed that would prevent infection. The human papillomavirus (HPV) vaccine was approved by the U.S. Food and Drug Administration that year and we started vaccinating at that time. Vaccination began with girls, but shortly thereafter the vaccine was approved for boys and we began vaccinating them as well. The infection is transmitted during sex, and it is one of the most common genitourinary infections today. There are an estimated 6.2 million cases of HPV per year in the United States.



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NEW: EVENING APPOINTMENTS WITH DR. TONOZZI

Now Available on Wednesdays

Mountain Family Health Centers is excited to announce Dr. Chris Tonozzi is now available on Wednesday evenings. Dr. Tonozzi will have appointments until 7pm. For more information, or to make an appointment, please call 970-945-2840.

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IN THE NEWS & WHAT WE'RE READING

Raising Awareness About Public Charge, Behavioral Health

Funding for Community Health Centers is still not locked in for the next fiscal year. Congress must pass funding legislation as soon as possible. Public News Service [has a helpful article about this issue](#). Please ask [your member of Congress](#) to support funding.

Mountain Family Health Centers is thankful for news coverage of the upcoming changes to the public charge rule. We appreciate the opportunity to share our insights and expertise with the [Aspen Daily News](#), [the Post Independent](#), [KDNK Community Radio](#), and others.

Mountain Family is honored to be included in the Glenwood Springs Post Independent's Longevity Project, [a series looking at behavioral \(mental\) health](#) for all ages and stages of life.

SAVING FOR FINANCIAL SECURITY **Helping Residents Prepare for Unexpected Costs**

By Barbara Freeman, LaMedichi Creator & Team Leader

Here in the Roaring Fork Valley, one of the most affluent communities in the world, there are people living with high levels of fear, vulnerability, and financial insecurity. According to the 2018 Manaus Survey of the Roaring Fork Valley, more than 60 percent of the Latino community could not come up with \$200 tomorrow. Nearly half do not have savings at any given moment and are living one problem (e.g. car repair, medical or dental issue) away from not having money for rent, food, or other essentials.

In order to cover an unexpected expense or emergency, often people go into debt, sell things, default or forego paying a bill, such as gas or rent. At best, they are helped by friends and families also struggling to manage their cash flow. At worst, they are preyed upon by money lenders or others who levy extortionate fees and wield power over them.

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BOARD MEMBER SPOTLIGHT

Victor Mamlin

Victor Mamlin joined our board earlier this year. He's thrilled to give back to his community and continue serving those in need. Victor is a Financial Advisor with New York Life, with offices in Carbondale and Eagle. He specializes in assisting families with building a healthy financial future, with the belief that those who need his services most shouldn't have to pay for them. Previously Victor spent six years in the venture capital field. He is also a founder and board member for Parker Secret Closet, a nonprofit that helps young ladies and gentlemen access formal wear for special occasions. Victor is an immigrant from Russia and moved to the United States when he was five years old. He currently resides near Redstone with his wife, Kseniya, with their two dogs and a cat.



SEPTEMBER 2019 MARIPOSA AWARD

Congratulations Derek Sell

Derek Sell, SQL Data Analyst, is the winner of the September 2019 Mariposa Award. Derek was nominated by Kelly Ketzenbarger and IT Director Fred Frederick. Thank you for your extra work, Derek, and for always going the extra mile.

[More](#)



SEPTEMBER 2019 EXEMPLARY CARE AWARD **Glenwood Springs Integrated Health Center Is the Winner**

Congratulations to our team at the Glenwood Springs Integrated Health Center, which is the winner of this month's Exemplary Care Award.

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